

# YOUR BIRTH PROJECT

SCAN TO CREATE YOUR  
BEST BIRTH



Hypnobirthing is for ALL births, use Your Birth Project to create your best birth.

- ◆ Online hypnobirthing course.
- ◆ Designed for ALL births from homebirth to c-section.
- ◆ Learn about the process of labour and birth, comfort methods to try, how your birth partner can support you and SO much more.



## Hello! I'm Jordyn.

Qualified Hypnobirthing Instructor,  
Mum of Two, Kiwi Birth Tales  
Podcast Host + passionate about  
helping you to have your best birth.



**To save 10% on the Your  
Birth Project course use  
the code: LOVEMYMIDWIFE**