

# CREATE YOUR BEST BIRTH WITH YOUR BIRTH PROJECT



SCAN ME!



**"The Your Birth Project course was absolutely invaluable! My husband and I did the course together, which was great! I definitely recommend all birth partners do the course too. The breathing techniques carried me through my entire labour, and the affirmations rang in my mind over and over again. I experienced the birth of my dreams, and this course played a part in that. Thank you, thank you, thank you!"**

**YBP Mama - Felicia**

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JOIN THOUSANDS OF MAMAS WHO HAVE  
CREATED THEIR BEST BIRTHS WITH YOUR BIRTH  
PROJECTS ONLINE HYPNOBIRTHING COURSE.

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